Community Safety Plan

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My normal routine is paused right now until we have a medicine for coronavirus. Everyone is following a safety plan to stay at home to keep everyone healthy. These changes are just for now!
When helpers like scientists make a medicine to protect our bodies, my routine will go back to normal! We’re not sure when this will be yet, but everyone is working as fast as they can!
Just like a superhero protects their community and keeps them safe, I can protect mine when I follow the Community Safety Plan!
I can feel really proud of myself for staying at home and helping keep everyone healthy!
Wearing masks while outside keeps us safe. Even though I can’t see people’s faces, I know they are probably smiling behind their mask!
I can help my community by having an extra big personal bubble when I’m outside. I can still wave and say hello!
Right now my school is closed, but my teachers care about me and made me a special learning at home plan!
Restaurants are closed at the moment, but I can cook special meals with my family at home!
It’s okay that parks are closed for now, I can go on a walk or find outdoor places to explore close to my house!
Even though I don’t go to the store as much, I can help make a grocery list and take care of our house!
Right now I can’t have play dates, but I can call my friends on the phone or computer. I can also draw them a picture, or send them a letter to tell them I’m missing them. They are missing me too!
SAFETY PLAN STEP

9

PRACTICE AT HOME

Even though I can’t go to my after school classes, I can still practice all my favorite activities at home!
I can remember that even though I can’t go on a trip to visit people or places, I can still think of great adventures to have at home!
Even when I feel bored from being home all the time, I can always make new fun with my toys, my imagination, and my family!
The Community Safety Plan is a new plan, which means it might change. We are working hard to be flexible and find what works best for our family. Even though my adults might feel worried about the coronavirus, I know that they will always take care of me and keep me safe!
I might not like all these changes, but I can remember it’s okay to feel sad or confused. My friends are feeling this way too. I can always tell my adults how I’m feeling and they will help me feel better!
This safety plan and changes are just for now. When we have medicine, my routine will go back to normal! I can feel really proud of myself for helping keep my community safe!